

# Devlin Gymnastics, Inc. - Rules & Policies

## GENERAL RULES

- ◆Parent's observation of classes from behind our glass wall area is allowed any time.
- ◆No Adults or Non-Students are allowed in the main facility (gym or mezzanine areas) at any time. Children must be kept under control in the waiting area at all times. No standing on chairs or benches. Children are not allowed outside unless they are directly supervised by an adult.
- ◆No participant is allowed in the main facility (gym or mezzanine areas) or on any equipment without a Devlin Gymnastics instructor.
- ◆No smoking permitted anywhere on our property, inside or outside. No food, drinks, gum or parents in the gym.
- ◆No running anywhere in the facility unless directed by your instructor.
- ◆Participants may not leave their class without permission from their instructor. This includes trips to the bathroom, water fountain or locker room.
- ◆Report any unusual pain or discomfort felt during participation to your instructor immediately.
- ◆Respectful social behavior is expected of all students. Failure to act appropriately may result in removal from your class and/or the program.
- ◆Arrivals & Departures require safety awareness by everyone. Be sure students are in the gym prior to your leaving. Students must remain inside the gym until their parents arrive. Please be on time for the start & end of your class.
- ◆Classes may be canceled, re-scheduled or combined subject to enrollment and/or instructor availability at the Gym's discretion.

## ME & YOU CLASS SAFETY RULES

- ◆All parents/caregivers participating with child must sign a Waiver/Release Form.
- ◆Supervise your child at all times. Parent/caregiver is the child's instructor. Our responsibility is to coach the parent/caregiver.
- ◆Focus on your child, discussions with others during class are a distraction. If your child wanders, please follow and encourage he/she to return to the group.
- ◆Parents must wear Sneakers in the Gym. No bare feet, sandals or street shoes.

## TRAMPOLINE & TRAINING PIT SAFETY RULES

- ◆No student is permitted on the trampoline without a Devlin Gymnastics instructor. Loose Foam Pits are for Team training only.
- ◆Only one person on the trampoline at a time. Parent/caregiver in a Me & You class may be on the trampoline with their child to give physical support to their child, but parent/caregiver may not bounce by themselves.
- ◆Bounce only in center of trampoline.
- ◆Never land head first on the trampoline or enter the training pit head first as it may cause serious injuries.

**REGISTRATION FORM/FEE:** Registration Form must be completed & signed before student may participate. Registration Fee is required each school year, Sept 1<sup>st</sup>-Aug 31<sup>st</sup>, or any portion thereof. Limited secondary medical insurance is provided with a basic \$100 deductible and a 1 year claim limit. Claim must be submitted within 90 days of the injury. Actual coverage will be based on policy provisions in force at time of injury.

**TUITION** is due on or before the first scheduled class of each 10-Week Session. Late tuition is subject to a \$5/month Late Fee. Students registering for the first time during our school year, after the start of a Session, receive a prorated discount for that Session only. Your Registration reserves limited class space, failure to attend any or all classes does not reduce or eliminate the tuition charge. Your initial registered class day & time is automatically maintained for each succeeding Session. Two weeks advance notice is required to stop attending the next Session. Bills are not mailed except in cases of delinquent payments. No refunds of registration, tuition or other related fees.

**RETURNED CHECKS** must be paid for with cash or credit card along with a Returned Check Fee of \$25.

**MAKE-UPS** are available for missed classes up to two (2) per Session (Exceptions: No Make-Ups during Exhibition Week). Please notify the gym if you will be missing a class. Every attempt will be made to reschedule student's missed class in a similar class during the week. You are required to schedule Make-Ups through our gym office. No "walk-in" Make-Ups allowed. Make-Ups must be completed in the same Session in which they occur. No Make-Ups may carry over into the next Session unless student is enrolled in Class.

**OPEN WORKOUTS** are for Registered Gymnastics Students 7 years old minimum. Workout is Staff supervised and is for practicing skills learned in regular gymnastics classes.

**LOST & FOUND** articles are donated to charity at the end of each session. Do not bring valuables into the Gym or leave unattended in your car. We will not be responsible for lost or stolen property.

**BAD WEATHER** may cause the gym to close. If we cancel a class due to bad weather, the class will be rescheduled.

**GYM ATTIRE:**

- GIRLS** - Leotard or shorts/tights & t-shirt, hair pulled back from face, no jewelry, no bare torsos, no loose clothes
- BOYS** - Shorts & t-shirt, no jewelry, shirts tucked in to shorts/pants, no loose clothes
- BOTH** - Gym shoes recommended, sneakers for Cheerleaders only. Wear Warm-ups in cold weather
- PARENTS** - Me & You Parents must wear Sneakers. No bare feet, sandals or street shoes.
- KARATE** - Standard White Karate Uniform ("Gi") with appropriately colored belt
  - Intermediate/Advanced Classes: Protective sparring headgear, hand pads, foot pads & chest protector required

**CLASS EXHIBITIONS** are held in June each school year. Students in the Exhibition are required to wear a "school uniform" consisting of a Devlin Gym T-shirt & Devlin Shorts. Girls may wear a red "Devlin" Leotard. This "uniform" may be worn all year in class.

**TEAM GYMNASTS** have additional Rules & Policies that may be found in the current "Devlin Gymnastics Competitive Team Handbook". When Rules & Policies conflict, the "Competitive Team Handbook" takes precedence.

**PENDO KARATE STUDENTS:** Free Sparring is not permitted without the approval and supervision of the Instructor. During Free Sparring, protective headgear, mouthpieces, padded gloves, padded kicking boots and groin cups must be worn. No contact is permitted to the head, face, neck or groin except for light contact to headgear. Use of Karate-do in or out of class for purposes of intentional abuse or harm is grounds for dismissal without refund.



www.devlingymnastics.com



www.pendokarate.com